

**CLAIMS**

1. A highly efficient pedal crank for bicycles in general, comprising an elongated body defining, at a first end portion thereof, coupling  
5 means for coupling said pedal crank to a hub of a central drive and, at another end portion thereof, fixing means for fixing said pedal crank to a pedal supporting pivot pin, characterized in that said elongated body further comprises, at said first end  
10 portion thereof, an attachment portion extending on the side of said hub opposite to said other end portion thereof.

2. A pedal crank for bicycles, according to the preceding claim, characterized in that said  
15 attachment portion extends according to a curvilinear arrangement.

3. A pedal crank for bicycles, according to Claim 1, characterized in that said attachment  
20 portion extends according to a semicircumferential arrangement.

4. A pedal crank for bicycles, according to Claim 1, characterized in that said attachment

portion is connected to said central drive on a part of said hub opposite to the gear assembly engaging a chain of said bicycle.

5        5. A pedal crank for bicycles, according to Claim 1, characterized in that from said attachment portion extends a rectilinear portion converging to said another portion of said elongated body.